

VITAMIN TIDBITS

Amino Blend – Muscle Mojo

Fuel for recovery, energy, and endurance—these building blocks keep your body strong and ready to ride the waves.

Ascorbic Acid / Vitamin C – Island Immunity

A direct wave of antioxidant power to boost immunity, protect cells, and keep your skin glowing.

B Complex – Energy Current

Essential Bs help turn your food into fuel, boost mood, and keep your body's systems cruising in sync.

Biotin – Glow Flow

Supports healthy hair, skin, and nails so you can shine brighter than a Hawaiian sunrise.

Vitamin D – Sunshine Strength

Boosts mood, supports immunity, and keeps bones strong—like bottled sunshine for your body.

Glutathione – Detox Wave

A powerhouse antioxidant that helps flush toxins, brighten skin, and keep your cells riding high.

L-Carnitine – Fat-Burning Fuel

Helps turn stored fat into energy so you can power through your day with island-level stamina.

Lipo Plus – Metabolism Tide

A blend that supports fat metabolism, energy, and liver health—helping you feel lighter on your feet and ready for the next wave

Magnesium – Calm Current

Supports muscle relaxation, eases tension, and keeps your body flowing smoothly—like a gentle island breeze.

Methylcobalamin / B12 – Energy Surge

Boosts energy, supports nerve health, and keeps your body cruising strong—like catching the perfect wave.

Taurine – Vital Vibes

Supports heart, muscle, and nerve health while keeping your energy balanced—ride the tide of wellness.

Zinc – Immunity Shield

Helps support your immune system, skin, and overall wellness—like a protective island barrier for your body.

Medications

- Anti-inflammatory and pain relief- Toradol
- Anti-nausea - Zofran
- Anti-histamine - Benadryl



NAD+

Nicotinamide Adenine Dinucleotide

NAD, derived from vitamin B3 (Niacin), is a coenzyme naturally produced in our bodies. High levels of production ensure we reap the incredible NAD benefits for our health. The “+” in NAD+ means it’s in an oxidized form. Our body makes it by synthesizing elements, called NAD precursors, into NAD. With NAD+ IV therapy, this amazing coenzyme is infused into the body with IV fluids from a drip bag. As we age, our bodies generate less and less NAD+. This is one reason we begin to experience the effects of aging and become more prone to age-related illness. Our bodies gradually perform less effectively than they once did – from our mental capacity to our physical performance. One of our most innovative preventative services that helps promote improved cognition, healthy aging, general wellness, and enhanced performance is our NAD+ intravenous (IV) infusion. Supplementing with NAD+ is an all-natural way to help your body fight against aging and illness to feel healthier and more youthful.



ANTI- AGING

Slows the aging process, restores the appearance of the skin and reduces wrinkles, improves brain health and neurological function, improves mental clarity, boosts energy levels and metabolism.



BRAIN RESTORATION

Improves brain health and neurological function. Increases mental clarity, brain regeneration, focus, concentration, mood and memory.



ADDICTION RECOVERY

Assists in withdrawal from alcohol, opioids, and nicotine. Improves depression, anxiety, and mental clarity. Reduces cravings and symptoms associated with withdrawal. Restores energy and improves mood.



WEIGHT LOSS

Increases energy levels, decreases fatigue, restores muscle function and athletic performance, improves metabolism and helps decrease sugar cravings. Aids in weight loss and reducing inflammation.